



Sachi Foundation,
Wings of the Coo, Volume 2, Issue 2, July 2025

Sachi's Whirlwind Jet Gliding: Body Exhausted, Culture Delivered, Wow, What a View!

Wings of the Coo

Dear beloved Subscriber, feathery COO fanatics, and accidental readers who meant to click on something else but stayed for the joy,

First things first: THANK YOU for subscribing to Wings of the Coo! Our mission to spread joy (and maybe spark a worldwide smile through happy cooing and good vibes together) is ready to soar once again!

And in exciting news: we are now proudly registered with the Australian Charities and Not-for-profits Commission (ACNC). That's the scoop—we're officially the resident peacekeepers, spreading positivity one pigeon-powered flap at a time.

What's New in the flight: Here's what's fresh and flapping in this month's issue: We'll start things off with a message from our board of directors, glide into a two-part feature on The *Physics of Joy*, and then follow the flight of the Coo to updates from our management team including committee reports, progress news, and a partners' progress update.

Every subscription, share, and delightful comment makes our feathers fluff with joy. Even those surprise forwards to unsuspecting managers—who are now loyal readers—bring us endless delight. Thanks for staying with us and growing this joyful little flock. Expect more smiles, occasional impacts, and unapologetically avian news in your inbox.

Share your own moments of joy—or stories—we might just feature them! In the meantime, spread the word and keep being your delightful self.

The Editors,
Wings of the Coo, Sachi Foundation

Message from the Board of Directors

Dear Volunteers, Partners, and Supporters,

With heartfelt gratitude, we write to acknowledge and celebrate the extraordinary individuals, volunteers and organizations who continue to shape the journey of the Sachi Foundation. Your belief in our mission has been the compass by which we navigate—and the fuel that drives our shared vision festival of peace and happiness forward.

We are delighted to announce a major milestone: the Sachi Foundation is now formally registered with the Australian Charities and Not-for-profits Commission (ACNC), recognised in three meaningful domains:

Advancement of Culture, Advancement of Education and Advancement of the Natural Environment.

This achievement is a shared success. It reflects not only the dedication of our teams and the guidance of the ACNC, but the wisdom, generosity, and enduring partnership of those who stand beside us. Our partners—your counsel has brought clarity, your contributions have shaped substance, and your steadfast support has built resilience into our foundation. Thank you for being more than collaborators—thank you for being co-creators of impact.

While we now hold income tax exemption, we have chosen, with careful consideration, not to pursue Deductible Gift Recipient status at this time. Thanks to the loyal support of our members and donors, we continue to grow through on our own resources—an approach that keeps us rooted in purpose rather than pressure.

As we look to the future, the Board is excited about the continued growth of the Sachi Foundation. To guide this journey, we believe it's essential to plan thoughtfully and listen widely. Together, we will explore key opportunities such as moving to Australia, forming stronger partnerships, embracing emerging technologies like Artificial Intelligence and quantum innovation, and investing in property.

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These steps will shape how we work, how we connect with others, and how we manage our resources. With clear planning and open consultation, we can make wise decisions that strengthen our foundation and secure our long-term success. These topics will be discussed in depth at our upcoming AGM.

We see these advancements not as goals in themselves, but as powerful tools to amplify our impact—bringing together arts and crafts and culture and technology, in meaningful scientific ways.

To our volunteers: Your energy, dedication, and generous spirit fuel every effort we make. For those who have taken extra steps—like obtaining child safety Blue Cards — your commitment to creating safe, inclusive spaces, especially for young people, speaks volumes.

At the heart of the Sachi Foundation flows a deep spirit of service. Grounded in the philosophy of reflection and respectful consultation, we grow through attentive listening, humble learning, modesty, and open-hearted engagement. Inspired by the ancient wisdom of the Australian Aboriginal Yibanyaa—a culture of mindtime marked by awe and wonderment and purposeful action—we are continually awakened to inspire transformative change that honors both spirit and community.

To our partners, supporters, and everyone on this journey with us: Thank you. Your vision, support, and unwavering kindness have helped shape who we are today. Together, we are building a bright future of all smiles—where learning uplifts, culture connects, and nature thrives.

With deep appreciation,
The Board of the Sachi Foundation

The Hidden Physics of Joy: What Positive Psychology Misses! Part 1

Imagine this:

Happiness is a conserved quantity. Like energy in physics, it cannot be created or destroyed—only transformed. Whether it blooms in a monk's deep meditation or erupts in cheers over a fantasy football touchdown, its essence endures, changing form but never vanishing.

Psychologists chart it through positive emotion, meaning, satisfaction, and connection. Neuroscientists trace it through dopamine and serotonin pathways. Your uncle? He finds it in steak, slippers, good investment and soft jazz. Beneath these varied expressions—across cultures, races, and family kitchen tables—lies a universal human impulse: the transcendent pursuit of joy. As Shoghi Effendi observed, humanity's essential virtues remain constant across lands, even as their expressions differ. This reveals our self-similar shared spiritual core—our common quest for happiness.

And yet, despite this shared spiritual core, decades of well-being movements—mindfulness apps, happiness journals, positive psychology and seminars—societies remain emotionally strained, unhappy, fragmented and adrift.

Why?

Mainstream well-being science often frames happiness as a personal upgrade, overlooking the deeper barriers at play. It misses how materialistic narratives seep into minds and hearts, fueling both passive aggression and active resistance. Beneath this surface lie generational wounds, entrenched consumer habits, cultural quicksand, and systemic walls that have risen slowly yet relentlessly. These forces not only block change but also distort meaning, fracture connection, unravel cultural harmony, and stoke division.

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We now face a subtle cognitive warfare—battles over language, identity, ways of growth and even joy itself—where grassroots efforts toward unity and healing are met with suspicion. Happiness for all? It is not simply distant. It is under quiet, relentless siege.

The Spiritual Gradient of Human Evolution:

Yet beneath this resistance, a deeper current flows. Just as heat moves from hot to cold, happiness flows along gradients of value—the moral and psychological distance between who we are and who we could become. These currents are shaped not just by desire, but by spiritual and social forces that draw us toward coherence, truth, and contribution. To truly understand this movement, we must look beyond psychology to the spiritual architects of humanity—the founders of the world's great religions.

Civilization's Gradient Engineers:

Figures like Shinto, Krishna, Buddha, Moses, Christ, Muhammad, and Bahá'u'lláh were not merely moral teachers—they were gradient engineers of civilization, restructuring human consciousness. Their revelations established irreversible value gradients—spiritual inclines with fine structural constants that continue to guide both personal and collective transformation. They were also software engineers: pushing spiritual updates that humanity can't uninstall or hack. These timeless figures set two great currents in motion:

Inner Synchronization: Aligning the self with purpose, truth, and conscience.

Outer Synchronization: Advancing society toward justice, unity, and peace.

Their teachings are converging currents, dynamic frameworks designed to sustain universal spiritual vitality, essential relationships and civilizational progress. The unfolding of human history relies on the activation and continuation of these gradient induced currents.

Happiness—like energy—is never lost. It simply waits for its next beautiful humanitarian hub to transform.

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These converge currents of civilizations, ever advancing, waltz between integration and disintegration, symmetry and symmetry breaking, scale free horizons of spiritual civilization and narrow scaled tunnels of material civilization.

Materialistic “gradients” — those insistent, self-serving forces — nudge the balance away from coherence, narrowing minds, fueling injustice, and even igniting extreme ideologies. Then come the spiritual currents, carried by religious founders like cosmic gardeners, restoring coherence via achieving higher consciousness, planting seeds of kindness, and watering the gardens of joy. And so the cycle turns: material forces tip the scales, spiritual values tip them back, and the eternal dance of civilization flows ever onward.

And for us, oh, what a wonderful journey we're on! The humanity's river of progress keeps flowing, and our joyful calling is to dance with its current, full of purpose! Let's move with clear eyes, careful ears, kind hearts, and strong steps—grounded in what's true happiness. Together, hand in hand, we can shape a culture of learning, shining with unity, brimming with beauty, and grounded in modesty. By doing this, we light up , an happier future for everyone!

Flowing from founders' grace,
Where fires of unity burn scale free,
The garden of the heart opens its petals,
Rivers of smiles awaken,
Joy alive, fiercely dwelling in all.



The Hidden Physics of Joy: the Deep Symmetry of the Universe! Part 2

Emmy Noether (1882–1935), a mathematician of extraordinary vision, transformed the foundations of modern physics—but did so while facing deep institutional discrimination and active hostility. In early 20th-century Germany, she was barred from official academic positions because she was a woman. For years, she worked unpaid, delivering lectures under her father and other male colleagues' names for free. Even after being granted the title of professor at the University of Göttingen, she received no salary. Yet she remained undeterred, driven by a rare devotion to truth and the wonder beauty of mathematical physics underpinning structure and order.



Abdu'l-Bahá writes *"The mind and spirit of man advance when he is tried by suffering. The more the ground is ploughed the better the seed will grow, the better the harvest will be. Just as the plough furrows the earth deeply, purifying it of weeds and thistles, so suffering and tribulation free man from the petty affairs of this worldly life until he arrives at a state of complete detachment. His attitude in this world will be that of divine happiness."*

It is perhaps no coincidence that amidst her own trials, Emmy Noether uncovered a truth of astonishing elegance. Her most profound achievement, Noether's Theorem, unveiled a principle now considered essential to theoretical physics and central to our mission:

Every continuous symmetry leads to a conservation law.

In physics, if a system has symmetry—like being the same across time or space—it conserves something: energy, momentum, or angular momentum.

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But what if that principle doesn't just apply to particles and equations? What if it also explains why societies rise, fall, and rebuild joyful communities—and why your happiness isn't ever lost, just transformed?

Symmetry is beautiful and powerful. It has its own ways of balancing where nothing changes and when you shift perspective. The laws of physics don't care if you stand here or there, from the mountain or sea. A fair civilized society doesn't care about your name, skin, or race.

According to Noether, symmetry preserves things. Time symmetry preserves energy.

The Sachi Foundation sees Noether's law not only as a physical principle but as a kind template for understanding human societies as well.

Happiness for all can be seen as a conserved quantity. Like energy, it cannot be created or destroyed—only transformed. In the same way that time symmetry underlies the conservation of energy, creative and spiritual vitality is preserved through religious sacred texts and teaching. These timeless transmissions keep cultures alive, just as energy persists in the universe.

Spatial symmetry, which preserves momentum, mirrors the forward drive of justice and moral action. When justice is applied equally—across geography, class, or status—it sustains ethical progress, much like a symmetrical force maintains motion through space.

Rotational symmetry, the source of angular momentum conservation, resonates with the cyclical continuity of cultural identity and Flowerside tradition. Sacred calendars, ceremonial cycles, and symbolic turns—from the dharma wheel to Islamic tawaf to Bahá'í cycles of growth—help societies maintain orientation even as they orbit through time.

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These cultural “conservation laws” ensure the coherence and durability of civilizations—just as Noether’s laws ensure the coherence of physical systems.

Symmetry Breaking: Where the Story Gets Interesting

No symmetry endures. In physics, symmetry breaking is how structure emerges: a smooth particle soup cools and becomes stars, a calm pond becomes waves, a flat universe bends.

Disruption of the expected—whether it’s monks leaving meditation or fans going quiet after a loss—can create resonance-like patterns, bringing a community into synchronization and shared identity, similar to how quantum systems form coherent superpositions of all possible states.

In society, symmetry breaks when greed, ego, or fear disturb the moral balance. Justice tilts. Trust erodes. Institutions decay. What once felt like a joyful home and a happy community now feels unfair, unstable, unrecognizable. And yet—this isn’t the end. It’s the beginning of flow.

Toward Happiness for All: Noether’s Legacy Reimagined

Emmy Noether, though she faced hardship in her time, gave us a law that resonates both scientifically and spiritually: When symmetry is honored, something essential is preserved.

But when imbalance takes root—when a culture’s symmetry is broken—forces awaken. They may be social revolutions, renewal movements, reformations, or quiet acts of resistance, all seeking to restore the symmetrical pattern. Just as nature will not accept a total void in energy, human communities will not accept a total void in spiritual dignity.

The earth spins in its cycles; so too do civilizations. In the great turning, cultural Flowerside celebrations echo this planetary rhythm — restoring universal festivals by weaving all essential bonds back into the heart of one common human family.

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Gradient-Induced Flow: The Energy of Transformation

Once symmetry breaks, gradients appear. These are differences—between hot and cold, high and low, rich and poor, known and unknown.

And gradients drive flow. Heat flows to cold. Pressure flows to vacuum. And in culture? Movements form. New creative ideas light up minds. The new age begins

This is where religious founders, pictures in. When the old world fractures beyond repairs, their new teaching brings new visions and science, channeling society toward a new kind of coherence order while preserving the essence of previous teaching.

This is the very architecture of happiness for all.

Happiness flows when scientific truth brings order to the materialistic illusions. Happiness flows when justice steadies the weight of unchecked power. Happiness flows when golden spiritual (golden Kintsugi) elixir mends what has been broken.

These flows—ethical, artistic, and spiritual—converge like rivers into a higher field of consciousness, where individual and collective, past and future, material and transcendent align with the wisdom of those who perceive the gradients of change: the quiet architects of culture, spirit, and transformation.

In this evolving landscape of converging currents, as cultural and scientific progress unfolds, our task is to move with heightened awareness, purposeful actions, and a spirit of togetherness. When we walk side by side with clarity, a smile, and Yabanyaa joy, we learn to glimpse a world where cultural festival states reveal the hidden layers of human connection and one common happiness. In doing so, we help awaken a spirit of awe and wonder for the ever-advancing future that belongs to us all.

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In physics, symmetry gives rise to conservation. In culture, conservation of values gives rise to coherence. In both, breaking the old makes room for the new.

So when the world feels unstable, chaotic, or on the edge of collapse, remember this: When balance breaks, and suffering sets, progress begins.

The question isn't can we go back?

It is, What higher halls of mirrors are we to become, and what reflections will they return?

Dear Beloved Sachi Community

We hope this note finds you smiling and happy,

This past year, Sachi Foundation has bloomed in new and beautiful ways. With a refreshed strategic vision from our Board, we've sparked conversations full of curiosity, creativity, and connection—true to our spirit of simplicity, openness, and joyful inclusion.

From cultural festivals to the zoom devotional and consultation gatherings, we've juggled plans, regulations, and the occasional spiritual riddle. Yet through it all, our Discourse and Festival Committees turned vision into action—powered not by agents or formality, but by shared purpose, devotion, and snack-fueled teamwork.

A special highlight was our collaboration with the Axial Devotional Group, which blossomed into heartfelt, meaningful projects that reminded us: grace doesn't require grand gestures—just devotion and community.

Thanks to the dedicated Wings of the Coo newsletter editors and AI technology, our newsletter have never been more insightful and polished.

Here's the big news ahead: we're excited to bring you the latest updates from us and our partners!

With light, love, and lots of joyful things ahead,
The Sachi Management Team (SAMAT)

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P.s. please note all new project ideas go through a First Passage Time Milestone Feasibility (FPTM) process. Projects are then elevated and reviewed by the board. All projects are subject to Key Performance Indicators (KPIs) and are regularly reported on at our Annual General Meeting (AGM).

Foundation General Report:

Board Activity: The board met four times during the year and held three additional meetings with members (two formal) . Board members also participate regularly every Sunday in the Jamboree Heights Devotional Gathering via Zoom online.

Committee Reports:

Festival Organizing Team / Lines of Effort Committee Report: The Festival Organizing Team was involved in three major festivals between July 2024 and June 2025: Japan Festival Sunshine Coast, Matsuri Brisbane Festival, and Sakura Festival.

The team also hosted the Kirei Yakuzen community wellness event on three occasions, promoting beauty, balance, and holistic wellness through medicinal food.

Additionally, the lines of effort team organized a Clean Up Australia Day event, encouraging environmental care and community participation.

Discourse Committee Report

The Discourse Committee is currently working on four ongoing discourse production projects:

The Flight of Virtues – developing educational lesson plans,

The Quantum Entanglement of Virtues and Quantum Farming Research,

The Directory of Cultural Festival States,

The Scale-Free Natural Law.

The committee also contributed to writing articles for the Wings of the Coo publication and the Yibanyaa Bushwalking Project flyer, in collaboration with the Lines of Effort Team. Additionally, the Discourse team led the revision of the Sachi Foundation Constitution and worked on volunteer information booklet and developed planning strategies to strengthen organizational structure and engagement.

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Management Team Report This year, the Management Team opened a transactional account to support foundation operations.

- Organized three volunteer meetings to encourage participation and feedback
- Collected funds during this financial year July 2024-june 2025 is \$4564.
- Developed a Child Protection Policy to ensure safety and compliance
- Created a Consultative Agenda for inclusive and transparent decision-making
- Prepared essential information for this year's Annual General Meeting to support clear communication and accountability

Partner Reports:

Unity Language Center – The Unity Language Center proudly hosts the Sachi Foundation's Cultural Festival Directory. This directory help discover the power of cultural celebration to spread happiness for all.

We go beyond listing events, showcasing cultural festivals as vibrant collections of virtues, activities, attributes, and histories. By identifying unique festival types like self-similar, build momentum, pacemaker, and harvest festivals and analyzing cultural synchronization and coherence, we help communities boost participation, strengthen cohesion, contribute and coordinate vibrant celebration happiness networks, build powerful partnerships, and amplify their positive impact.

The **Cares Community** was involved in consultations on the development of the Flight of Virtue Paedeology Principles, contributing insights toward values-based educational frameworks.

Misachi Garden Food Forest : This year, Misachi Garden Food Forest we proudly contribute \$350 to the Sachi Foundation Fund, standing in solidarity with initiatives that spread happiness and community resilience and well-being.

Tennen Saien Community Garden 2024–2025

This year, Tennen Saien Community Garden focused on sharing knowledge through hands-on workshops, helping people reconnect with nature and community. Some highlights included: Grow Your Own Food, Designing Kitchen Gardens, Understanding Roots & Soil Microbes and Celebrating Diversity in Community and Ecosystems

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Our Vision for 2025 Looking ahead, we're deepening our commitment to sustainability and shared wisdom:

- i) Preserving precious heirloom seeds,
- ii) Sharing ancient knowledge,
- iii) Living in harmony with nature,
- iv) Collaborating joyfully through crafts, plant remedies, and tending the garden together.

Axial Devotional group:

The axial devotional group holds weekly devotional and consultation gatherings. Currently, it focuses on two main discourses: The Flowerside and The Concourse of Mirrors. The group regularly consults with the Sachi Foundation members and has contributed to the Flights of Virtue program. It also organizes the Axial Unity Festival and supports the Kippa Festival.

The Seed-Born Force Awakes:

We stand where civilization's founders restart the flow,
A seed-born force only capacity learning can know.
The garden wakes in soils reborn,
Through concourse of mirrors, the night path is torn.

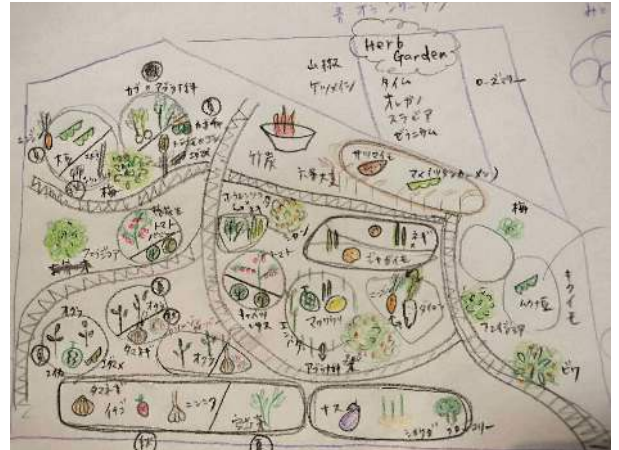
Stand here, where rivers of smiles rush through dawn,
No strangers here, just flowerside kin.
Modesty where joy's fierce weave begins within,
Old systems crack in wonder's streams.

As mirrors drink what Yibanyaa mind dreams.
Hope rebuilds the fractured regimes.
Hands join as founders breathe the happiness scroll,
Tend this garden and watch the shattered whole.
Become cultural light, brave and bright,

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植物が育つ力は、どこからやってくるのでしょうか？
私達の足元の下には、沢山のmicrobs(微生物)が働いてる世界が広がっているそうです。根っこと菌と共生して無限のエネルギーが循環していく・・・自然をお手本にわたしたちも小さなスペースから、助けあう豊かな世界を築けていきませんか。



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The tale of Sachi's Whirlwind Jet Gliding

Sachi's life was short, but her dream of happiness for all would last forever. A fierce whirlwind swirled through her bone marrow, roaring and twisting, trying to steal her strength. The doctors called it leukemia. Sachi called it her body Whirlwind.

Even with the Whirlwind, Sachi smiled. She held something very special in her hands: a small wooden airplane her parents had helped her carve. Smooth and light, it was more than a toy. This isn't just a plane, she thought. It's the cockpit of my very best adventure! She named it her Jet of Joy.

One sunny morning, she whispered to her dad, Ready for takeoff? That was the day the happiness sky called her. Sachi pulled her little plane up the tallest hill she could find. The Whirlwind growled in her chest, but she climbed step by step, her eyes fixed on the wide, open blue above.

At the top, she climbed into the cockpit and took a deep breath. Fly, she told the wind.

Fly! cooed her doves, her special Pigeons of Happiness living near the temple, circling above.

The Whirlwind struck, trying to steal her breath, but Sachi was already gliding. The doves flapped beside her, their wings beating a soft, joyful rhythm in the air.

Wow! Sachi laughed. I'm sending my culture to the happiness sky! The happiness energy is safe in the Happiness sky. My dream is alive in my jet glide!

The Whirlwind roared with anger, trying to shatter the last bit of her strength. But Sachi only smiled. Take it, she said. You can't take my prayers for happiness for all. They are scattered everywhere.

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What... a... view! she shouted, her voice bright with joy. The Whirlwind gave one last growl. Then it was quiet. Her body sighed, light as a feather.

She unfurled. Like a tiny seed becoming a mighty tree, or a paper crane opening its wings, Sachi became part of everything wonderful.

Now, when the wind sighs through the pines, that's Sachi breathing. When paper cranes slip from a child's hands, that's her courage taking flight. When doves soar over the temple gardens, that's her fleet, still gliding.

And on beautiful mornings, when her sister Beautiful Morning folds peace origami cranes, you might hear Sachi's voice in the sunlight: *Body tired. Culture delivered. Wow... what a view.*

Now the happiness sky sparkles brighter than ever! Clouds shape into dragons, ice cream cones, and smiling whales—just like Sachi dreamed. She reminds us: Even broken things can become beautiful. And seeds of happiness? It never stops spreading.

